

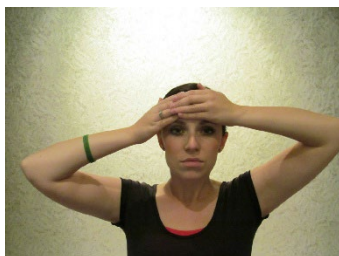
You are invited to join us for a season of fun, friendship, and excitement during our 2025 Social and Skills Event Sessions

“Social skills” is a broad term that includes understanding what is expected of you in different social interactions — how you conduct yourself and what you say in social settings. If you have experienced a brain injury, you may find that it has affected your ability to interact with other people. In some cases, you may not realize there is any change until a family member, friend, teacher, or caregiver notices changes in your behavior and shares that with you. Re-building Social Skills can be incredibly challenging. Not being able to connect with other people because of your brain injury or response to trauma can be painful. Isolation is one of the most devastating impacts of ABI/TBI and PTSD for many people, so improving social skills is incredibly important. Social skills problems can also put a strain on personal relationships, can make it difficult to get or keep a job and can lead to increased emotional symptoms like depression/anxiety which can lead to overall reduced quality of life. This hard work creates better opportunities for communication and deeper bonds with friends and family. So, join us this year and start your journey on making new friendship and new beginnings!

As we know, **Cognitive rehab is based on the concept of neuroplasticity** — that the brain can change and adjust throughout life by strengthening existing connections or creating new ones. There is no “one size fits all” approach. These offerings focus on the following: memory, attention, understanding, reasoning, problem-solving skills, ability to multitask, processing speed, decision making skills, organization, planning, communication (written, speech, language, etc.), and self-awareness.

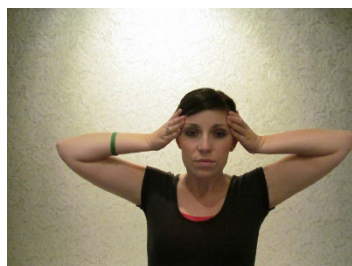
Frontal Lobe Functions

Attention and concentration / Self-monitoring /
Organization / Speaking (expressive language) /
Motor planning and initiation / Awareness of
abilities and limitations / Personality / Mental
flexibility / Inhibition of behavior / Emotions /
Problem solving / Planning and anticipation /
Judgment



Temporal Lobe Functions

Memory
Understanding language (receptive language)
Sequencing
Hearing
Organization



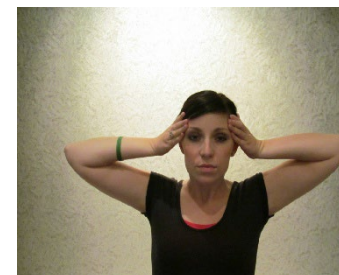
Occipital Lobe Functions

Vision and
Vision Processing






Parietal Lobe Functions




Sense of touch
Spatial perception
Differentiation (identification) of
size, shapes, and colors
Visual perception








2025 SE Wisconsin Social Skills and Cognitive Skills Monthly Events Information

Date, Time, location. of each Event	Cost to Attend (per person)	Event Description	Event Image	Maximum Participants
<p>Wed. Aug 13, 2025 3:00pm – 6:00pm Cookout and Game Day (Putt, Putt, Go!) at the Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha</p>	\$5.00 per person	<p>Come and hang out with friends! Enjoy music and tasty food while playing a round of Putt, Putt, Go! This is a spin on the classic Tic, Tac Toe game. Rain or shine event! We can always move inside or hang out in the gazebo!</p> <p><i>Food and Beverages will be served.</i></p> <p>N/C Parking available in Lot # 8 located at Carroll-Cutler Lot: 163 Spaces (Near 231 Carroll St. Waukesha, WI 53186)</p>		25
<p>Tues. Aug 19, 2025 1:00pm – 4:00pm Craft: Loom Scarf Creation Event at the Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha</p>	\$5.00 per person	<p>Loom knitting creates a very even knit fabric like needle knitting, but the process is different and, incredibly easy to learn. Make beautiful knitwear like hats, scarves, cowls, shawls, blankets, sweaters and much more with a simple wrap and hook process. A great benefit of loom knitting is that it is gentle on wrists and hands and can be faster than knitting needles, especially with double knitting. Also, it is easy to see your stitches and keep track of your knitting.</p> <p><i>Light snacks and Beverages will be served</i></p>		6
<p>Wed. Aug 27, 2025 1:00pm – 4:00pm Create Fleece Blankets and Dog Toys for Shelter Animals (The Packer Program) at the Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha</p>	No Charge But Donations to support this program are accepted	<p>An animal's life can be challenging when they find themselves in an animal shelter. Despite heroic efforts by the staff and volunteers, it is extremely stressful as they lose their home, are moved from cage to cage, and are subjected to new sights and sounds daily. Having something to call their own, which provides warmth year-round (even against A/C in the summer), familiar smells and a soft touch, can make all the difference. Once the animal is adopted, this comfort object is a cushion against the (wonderful) stress of getting to know their new surroundings and forever family. Once again, their blanket provides something comforting and familiar!</p> <p><i>Light snacks and Beverages will be served</i></p>		6



2025 SE Wisconsin Social Skills and Cognitive Skills Monthly Events Information

Date, Time, location. of each Event	Cost to Attend (per person)	Event Description	Event Image	Maximum Participants
Thurs, Sept 11, 2025 1:00pm – 4:00pm Concussion Awareness Program Launch on the patio at Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha	No Charge But Donations to support this program are accepted	<p>Calling all family and friends of BIRCoFWI to come join us for the launch of our <i>Concussion Awareness Program!</i> Presenters are Scott Daul and Katie Marshall. This module will be presented at schools, clubs, and various organizations within Wisconsin.</p> <p><i>Light snacks and Beverages will be served.</i></p>		25
Wed. Sept 24, 2025 1:00pm – 4:00pm Painting with Carly on the patio at Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha	\$25.00 per person	<p>Painting with Carly: Local Artist Carly Johnson is very skilled at creating beautiful works of art. She is excited to help bring the inner artist in you!</p> <p><i>Light snacks and Beverages will be served</i></p>		10
Sat. Sept 27, 2025 5:00pm – 9:00pm Annual Bon Fire Event Richfield, WI (Location provided with RSVP)	\$5.00 per person	<p>Our Bonfire gatherings are social events centered around a large outdoor fire where friends come together to enjoy each other's company. Activities include storytelling, singing, roasting marshmallows and other food. Bonfires create a warm, inviting atmosphere that encourages connecting and relaxation.</p> <p><i>Hot Dogs, S'mores, and more!</i></p>		25

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<p>Tues. Oct 14, 2025 1:00pm – 4:00pm Craft: Loom Winter Cap Creation Event at the Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha</p>	\$5.00 per person	<p>Loom knitting creates a very even knit fabric like needle knitting, but the process is different and, incredibly easy to learn. Make beautiful knitwear like hats, scarves, cowls, shawls, blankets, sweaters and much more with a simple wrap and hook process. A great benefit of loom knitting is that it is gentle on wrists and hands and can be faster than knitting needles, especially with double knitting. Also, it is easy to see your stitches and keep track of your knitting.</p> <p><i>Light snacks and Beverages will be served</i></p>		6
<p>Wed. Oct 8, 2025 1:00pm – 4:00pm Create Fleece Blankets and Dog Toys for Shelter Animals (The Packer Program) at the Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha</p>	No Charge But Donations to support this program are accepted	<p>An animal's life can be challenging when they find themselves in an animal shelter. Despite heroic efforts by the staff and volunteers, it is extremely stressful as they lose their home, are moved from cage to cage, and are subjected to new sights and sounds daily. Having something to call their own, which provides warmth year-round (even against A/C in the summer), familiar smells and a soft touch, can make all the difference. Once the animal is adopted, this comfort object is a cushion against the (wonderful) stress of getting to know their new surroundings and forever family. Once again, their blanket provides something comforting and familiar!</p> <p><i>Light snacks and Beverages will be served</i></p>	 	6
<p>Wed. Nov 12, 2025 1:00pm – 4:00pm Create Fleece Blankets and Dog Toys for Shelter Animals (The Packer Program) at the Brain Injury Resource Center of Wisconsin 511 N. Grand Ave, Waukesha</p>	No Charge But Donations to support this program are accepted	<p>An animal's life can be challenging when they find themselves in an animal shelter. Despite heroic efforts by the staff and volunteers, it is extremely stressful as they lose their home, are moved from cage to cage, and are subjected to new sights and sounds daily. Having something to call their own, which provides warmth year-round (even against A/C in the summer), familiar smells and a soft touch, can make all the difference. Once the animal is adopted, this comfort object is a cushion against the (wonderful) stress of getting to know their new surroundings and forever family. Once again, their blanket provides something comforting and familiar!</p> <p><i>Light snacks and Beverages will be served</i></p>	 	6

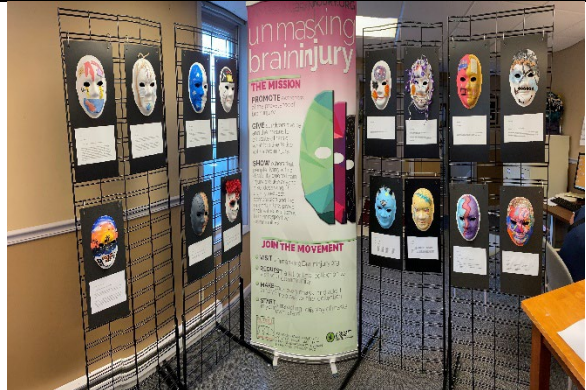
2025 SE Wisconsin Social Skills and Cognitive Skills Monthly Events Information

Date, Time, location. of each Event	Cost to Attend (per person)	Event Description	Event Image	Maximum Participants
Any Tue, Wed, Thu (Except Holiday's)	No Charge But Donations to support this program are accepted	<p>Write a Card or Write a letter.</p> <p>Writing physically changes your brain, improving memory, critical thinking, and emotional well-being. Here is how:</p> <ul style="list-style-type: none"> • Activates multiple brain areas, forming new neural connections. • Enhances memory and recall through handwriting. • Boosts critical thinking and self-reflection skills. • Helps manage emotions and increase self-awareness. • Aids in brain injury recovery and mental health <p><i>Light snacks and Beverages will be available</i></p>		6
Any Tue, Wed, Thu (Except Holiday's)	No Charge But Donations to support this program are accepted	<p>Read a book.</p> <p>Bring your own or borrow one of ours</p> <p>To enhance cognitive recovery after a brain injury, consider the following benefits of reading:</p> <ul style="list-style-type: none"> • Stimulates brain activity, promoting neural connections. • Improves focus and concentration, aiding attention span. • Enhances vocabulary and language skills, fostering communication. • Provides emotional support and reduces feelings of isolation. • Encourages relaxation and stress relief, improving overall well-being. • Offers cognitive challenges that can aid in rehabilitation efforts. <p><i>Light snacks and Beverages will be available</i></p>		

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Any Tue, Wed, Thu (Except Holiday's)	No Charge But Donations to support this program are accepted	<p>Express your creative self with these creative frameable, coloring options.</p> <p>Light snacks and Beverages will be available</p>		6
Any Tue, Wed, Thu (Except Holiday's)	Priced as Marked	Visit BIRC Gifts – Handmade by survivors and donated by supporters		
Any Tue, Wed, Thu (Except Holiday's)	No Charge But Donations to support this program are accepted	<p>Puzzle Me This!</p> <p>Doing puzzles assist by engaging cognitive functions, vastly improving memory, and heightening problem-solving skills. Overall, any kind of puzzle:</p> <ul style="list-style-type: none"> Improves focus and attention. Gives a boost to memory and recall. Strengthens language and word retrieval. Rebuilds problem-solving and reasoning skills. Boosts mood and confidence Reduces mental exhaustion and constructs endurance 		6

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<p>Any Tue, Wed, Thu (Except Holiday's)</p>	<p>No Charge But Donations to support this program are accepted</p>	<p>The objective of “Unmasking Brain Injury” is to have each person who is living with a brain injury, create a mask that shows the hidden feelings behind their brain injury</p>		<p>6</p>



2025 SE Wisconsin Social Skills and Cognitive Skills Monthly Events Information

Complete the enclosed registration sheet and return promptly to be included in the event(s) you are interested in – space is limited.

PRINT CLEARLY PLEASE – THANK YOU ☺ All Information is kept confidential				
PARTICIPANT FIRST NAME		LAST NAME		*Phone #
** Caregiver/Assistant FIRST NAME		** Caregiver/Assistant LAST NAME		I will only be helping not actively participating <input type="checkbox"/>
MAILING ADDRESS			APT #/Unit #	
CITY		STATE	ZIP CODE	
EMAIL ADDRESS			PHONE	
Mail completed form to our office and a confirmation letter or confirmation email. (Choose One) <input type="checkbox"/> Confirmation Letter OR <input type="checkbox"/> Confirmation Email		Brain Injury Resource Center of Wisconsin 511 North Grand Ave, Waukesha, WI 53186-4916		

Checks are made payable to the BIRCoFWI / or online from the DONATION BUTTON on our website homepage (<https://www.bircofwi.org/>)

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